



SCCDAT NEWS

Sumner County Community Drug Action Team

March 2019

SCCDAT
SUMNER COUNTY COMMUNITY DRUG ACTION TEAM

ENGAGE! EMPOWER! EDUCATE!

- * **ENGAGE** communities, families and Youth in partnership to reduce substance abuse.
- * **EMPOWER** youth to make good decisions.
- * **EDUCATE** community members about prevention, awareness, and programs.

Safe & Sober Prom Banner Contest

SCCDAT & the Wellington High School teamed up to host a 'Safe & Sober Prom' banner contest for 2019. Students were asked to design and submit a banner centered around the theme of a safe & sober prom night. The winner received a \$100 VISA gift card and will have the honor of their banner being displayed during prom drive-in at WHS on Saturday, April 27th. There were some really great designs submitted but Zach Daily was our chosen winner (his design is pictured to the right). Congratulations , Zach, and thank you for taking the time to enter our contest!



Substance Abuse Prevention Skills Training (SAPST)



SCCDAT staff members participated in the Substance Abuse Prevention Skills Training course at WSU on March 18-21st. This was a 26 hour course that was filled with prevention skill practice, hands-on case study learning, group activities, and lecture type information sessions. The training included information on each of the five steps of the Strategic Prevention Framework (SPF) and how those steps work together seamlessly to assist us in reaching our coalition goals. Kori & Kiersten left the training with a much better and deeper understanding of the SPF process and are excited to share that information at coalition meetings in the near future. You won't want to miss out on this information!

APRIL IS PROM MONTH

With April comes Prom Night in most communities so we wanted to share some tips on how to encourage your children/students to have a SAFE and SOBER prom night...one of the biggest nights of their year!

Be prepared to deal with the pressure of drinking.

Not everyone will be as smart as you. There will be some who will decide to drink or use drugs and try to encourage you to do the same. Don't be caught off guard and say "yes" to something you'll regret. Be ready to say "No" or just walk away. Humor often works in these situations and once they realize you're not going to join them, they'll leave you alone.

Plan something fun and stick to the plan

Prom is all about the memories. If you and your friends plan something exciting, stick to the plan! You can go for coffee, grab a late night bite or even something silly like karaoke. By making firm plans, everyone will have a say and you'll look forward to just being together. This will be worth far more than one night of bad choices.

Be a leader for others to see

Just like peer pressure works to get others to drink or use drugs, it can also work in a positive way. If you're having a blast and are the life of the party AND you're staying sober, others will take notice. Show them it's possible and actually better to have a good time without being intoxicated. You'll have a great time with no regrets!

UPCOMING:

Our next coalition meeting will take place on Tuesday, April 9th at noon at the Sumner County Economic Development Office. Please feel free to join us or contact us for more information about how to get involved with **SCCDAT!**

SCCDAT—Serving all of Sumner County



KANSAS
Communities That Care
Student Survey

SUMNER COUNTY

Fact of the Month

22.5% of Sumner County 10th/12th grade students reported that if they wanted to get beer, wine, or hard liquor, it would be **VERY EASY** for them to obtain it.

Contact Us

Give us a call for more information about the coalition and our programs.

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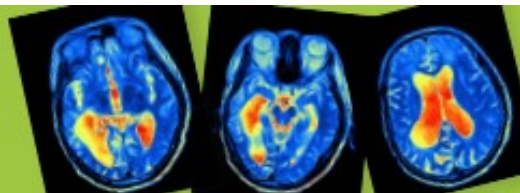
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